

A GRATITUDE

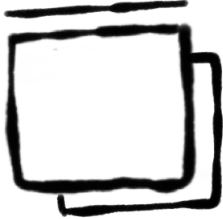
LIST

FOR YOUR WHOLE
WEEK

FOR EACH DAY, WRITE
THREE GOOD THINGS.

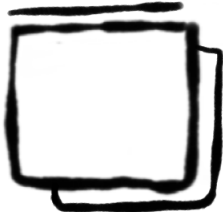
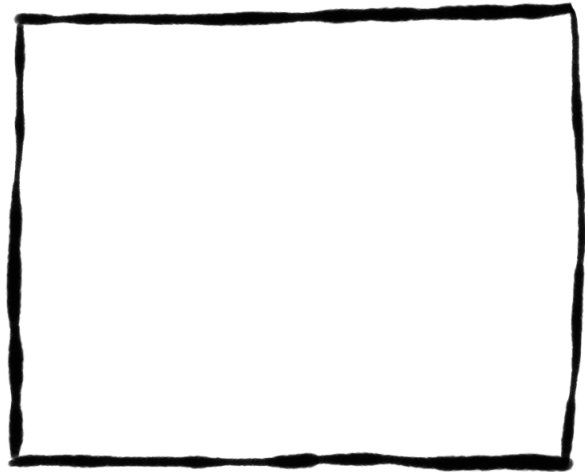
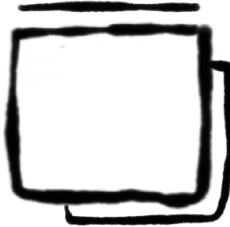


IN THE LIL SQUARES, DRAW
ONE THING FROM YOUR DAY.

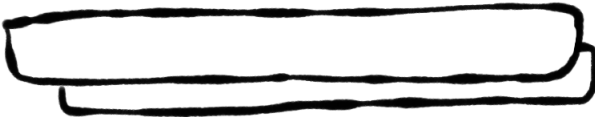


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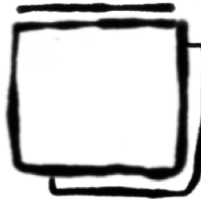
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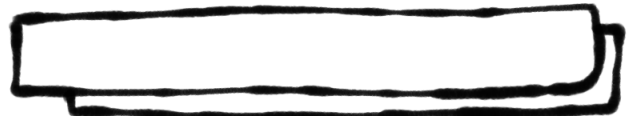
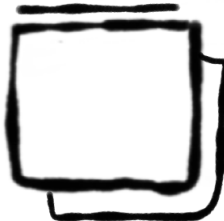


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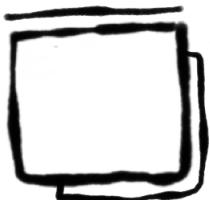


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TAKE TIME
TO REST, TOO.



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